



Chapter 3396 Newsletter

Fredericksburg, Virginia

“To Serve, Not To Be Served”

Vol. 14 No. 9

September 2014

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Sunshine
Kaye Loucks

Travel/Trips
Shirley Keister

Next Meeting: Tuesday, September 5, 2014

Where: Dorothy Hart Community Center

Time: 9:30 a.m.

Speaker: Sally Cooney Anderson on “Life Re-imagined”

Presidential Prose

Kathy Corley

Thanks to all the members who made it to Chancellors Village for the August meeting. How many of you rushed right out to sign up for ElderStudy? They really do have great programs to offer. I do hope you consider joining the ElderStudy Program. The September 2nd and October 7th meetings will be at the Dorothy Hart Community. November 4th finds us back at Chancellors Village. Then December 2nd is our Holiday Luncheon at the Country Club. There will be a sign up sheet at the September and October meetings, so please don't wait. The cost is \$30. We need to give a final count to the Country Club in November. Thus ends the year! But, before the year ends, don't forget to pay your \$12 dues for 2015. I am hoping to get all dues paid by January 15. Help me achieve this goal. And finally, a special thank you goes to all our members who have volunteered their time this past month. We had several activities that needed helpers. Keep up the good work!!

Community Service

Sally Cooney Anderson

The AARP Chapter 3396 Corley/Burt Community Service Committee leads Chapter efforts to identify and respond to essential social needs in our community and to provide meaningful and rewarding volunteer opportunities for Chapter members. The Committee meets monthly, immediately after the Chapter Meetings, except for July and December. All Chapter members are invited to attend.

Thanks to everyone who contributed items and funds at our August meeting. We donated as follows: **Thurman Brisben Center** - \$155, **Moss Free Clinic** - \$55, **Bragg Hill Family Life Center** - \$5, **Micah Ministries** - \$30, **School Dressing Days** - \$40, for a total of \$285!

In September, we will support the **Rappahannock Food Bank**. Please bring non-perishable (NOT past expiration date) food to the September meeting.

In addition, in September, we will be volunteering. *Please join in for any (all?) of these events:*

Sat Sept 6 - 8:30 -11:30am: Work Assembly Line at **Fredericksburg Area Food Bank**, 3631 Lee Hill Drive Fredericksburg VA 22408

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Thurs Sept 11 - 9:00am-4:00pm: **Chapter Annual Day of Service** - Beth Sholom Temple Helping Hand Project at **Thurman Brisben Center**, 471 Central Road, Fredericksburg VA 22402

Sun Sept 14 - 11:00am-5:00pm: **AARP VA Statewide Food Drive** at Giant at the corner of White Oak & Town and Country Roads. Donations will go to the **Rappahannock Food Bank** and **Hope Center**.

Sat Sept 27 - 8:30am-12:00pm: **Walk to End Alzheimer's**, University of Mary Washington, Fredericksburg VA 22408

Sat Oct 4 - 8:30 -11:30am: Work Assembly Line at **Fredericksburg Area Food Bank**, 3631 Lee Hill Drive Fredericksburg VA 22408

For additional information about these activities, contact Sally at sallycoonevanderson@yahoo.com or 540-371-7484.

Membership

Shirley Keister

New members: Kitty Dvorshak, Ann Ellis and Beverly Nelson. **Welcome to our Chapter!**

Legislative

Mary Kofron

(see page 4-5)

Birthdays/Anniversaries

Shirley Keister

BIRTHDAYS - Mack Cline 1st; George Nixon 10th; Marlene Lawson 11th; Pat Hackley 13th; Shirley Keister 14th; Loretta Rorvig 16th; Dorothy Thompson 17th; Kaye Loucks 20th; Marge Pulliam 23rd; Bernadine Crown 26th; Janie Lewis 27th; and Don Colt 28th. **Happy birthday to all!**

ANNIVERSARIES - Congratulations to:

Dick and Donna Ridge September 1, 1964 (No. 50) and Danny & Mary Baffo September 10, 1946 (No. 68)

Refreshments

Marietta D'Ostilio

Members providing refreshments are: Christel Waus, Bernadine Crown, Anne Lee, and Dorothy Dinnauer.

Sunshine

Kaye Loucks

Thinking of you cards sent to:

Travel/Trips

Shirley Keister

These trips are being offered by Fredericksburg Senior Citizens Association. Please call 371-2429 for more information. Or you can call me, Shirley Keister 548-2538. AARP Lake of the Woods chapter is organizing a trip to Miami and Key West from Jan. 11-17, 2015. For information see the flyer on our website.

Other News

Student Dressing Days Were held on August 8-9 and the results were as follows:

Friday, August 8 240 families 600 children 32 families were no-shows

Saturday, August 9 234 families 547 children 39 families were no-shows
63 families were walk-ins at 2 p.m.

TOTAL CHILDREN SERVED FOR THE TWO DAYS: 1,147

Treasurer's Report

Jovce Cronk

Treasurer's Report		2014
Beginning Balance July 14		\$4284.77
7/19 Membership	48.00	
8/13 Membership	186.00	
50/50	17.00	
Total Deposit		+251.00
Disbursements		
7/28 #1574 S. Scheibe for Brisben meal	160.10	
8/4 #1575 S. Anderson for Brisben meal	34.76	
8/5 #1576 M. D'Ostilio Hospitality	7.87	
8/5 #1577 S. Scheibe Newsletter	<u>20.00</u>	
Total Disbursements		<u>-222.73</u>
Balance August 13, 2014		\$4313.04*

*Balance reflects Brisben money \$522.94

Crime Prevention Recommendations for Senior Citizens ***Senior Fraud Tips***

Some tips on how you can protect you and your family from fraud. Senior Citizens especially should be aware of fraud schemes for the following reasons:

- Senior citizens are most likely to have a “nest egg,” to own their home, and/or to have excellent credit—all of which make them attractive to con artists.
- People who grew up in the 1930s, 1940s, and 1950s were generally raised to be polite and trusting. Con artists exploit these traits, knowing that it is difficult or impossible for these individuals to say “no” or just hang up the telephone.
- Older Americans are less likely to report a fraud because they don't know who to report it to, are too ashamed at having been scammed, or don't know they have been scammed. Elderly victims may not report crimes, for example, because they are concerned that relatives may think the victims no longer have the mental capacity to take care of their own financial affairs.
- When an elderly victim does report the crime, they often make poor witnesses. Con artists know the effects of age on memory, and they are counting on elderly victims not being able to supply enough detailed information to investigators. In addition, the victims' realization that they have been swindled may take weeks—or more likely, months—after contact with the fraudster. This extended time frame makes it even more difficult to remember details from the events.
- Senior citizens are more interested in and susceptible to products promising increased cognitive function, virility, physical conditioning, anti-cancer properties, and so on. In a country where new cures and vaccinations for old diseases have given every American hope for a long and fruitful life, it is not so unbelievable that the con artists' products can do what they claim.

The Older Americans Act - *the reauthorization of this act provides an array of programs and services to assist, protect, nourish and sustain Virginia's seniors with maximum dignity and independence. In Virginia, \$28,755,780 million in funding for vulnerable seniors in 2014 goes to meal and nutrition services, caregiver support, and preventive healthcare, among other things. AARP needs your support in getting this bill passed.*

SUMMARY

Older Americans Act Reauthorization Act of 2014 - (Sec. 3) Amends the Older Americans Act of 1965 (OAA), with respect to the Administration on Aging to require the Director of the Office of Long-Term Care Ombudsman Programs to collect and analyze best practices related to responding to elder abuse, neglect, and exploitation in long-term care facilities, and publish a report of such best practices.

Makes it a duty and function of the Administration to: (1) provide information and technical assistance to states, area agencies on aging, and service providers, in collaboration with relevant federal agencies, on providing efficient person-centered transportation services, including across geographic boundaries; (2) identify model programs and provide information and technical assistance to the same entities to support modernization of multipurpose senior centers; and (3) provide technical assistance to and share best practices with states, area agencies on again, and Aging and Disability Resource Centers (ADRCs, on how to collaborate and coordinate services with health care entities in order to improve care coordination for individuals with multiple chronic illnesses.

Directs the Assistant Secretary of Aging to: (1) develop, when feasible, a consumer-friendly tool to assist older individuals and their families in choosing home and community-based services, with a particular focus on ways for consumers to assess how providers protect the health, safety, welfare, and rights of older individuals; and (2) ensure that programs authorized under OAA include training in the prevention of abuse, neglect, and exploitation and provision of services that address elder justice and exploitation of older individuals.

Requires ADRCs to provide information and referrals regarding available home and community-based services for individuals who are at risk for residing in, or who reside in, institutional settings, so that the individuals have the choice to remain in or to return to the community.

Extends through FY2018 the authorization of appropriations for: (1) the Administration, including the Eldercare Locator Service and pension counseling and information programs; (2) state and community programs on aging; (3) specified supportive services, congregate nutrition services, home delivery nutrition services, disease prevention and health promotion services, and family caregiver support; and (4) the nutrition services incentive program.

(Sec. 4) Requires an area agency on aging plan to: (1) support modernization of multipurpose senior centers (including a plan to use the skills and services of older individuals in paid and unpaid work, including multigenerational and older individual to older individual work); and (2) arrange to increase public awareness of elder abuse, neglect, and exploitation, and remove barriers to education, prevention, investigation, and treatment of elder abuse, neglect, and exploitation.

Directs the Assistant Secretary to make grants to states for supportive services that include chronic condition self-care management and falls prevention services. Requires health screening services to include: (1) mental and behavioral health screening and falls prevention screening; as well as (2) screening for elder abuse, neglect, and exploitation.

Requires state nutritional projects to: (1) encourage the use of locally grown foods in meal preparations, and (2) contract with local producers and providers of locally grown foods.

Specifies that grants to states to provide, at multipurpose senior centers, at congregate meal sites, through home delivered meals programs, or at other appropriate sites disease prevention and health promotion services and information (as under current law) must be evidence-based.

Modifies the National Family Caregiver Support Program, making permanent the funding for the caregiver allotment. Redesignates grandparents and older individuals who are relative caregivers “older relative caregivers.”

(Sec. 5) Authorizes the Assistant Secretary to make grants for continuing support for program integrity initiatives concerning the Medicare program that train senior volunteers to prevent and identify health care fraud and abuse.

Extends through FY2018 training, research, and discretionary projects and programs grant programs relating to older Americans.

Requires that specified grants and contracts provide for national trainings for directors of grant programs on aging instead of (as currently) an annual national meeting to train such directors.

Repeals the restriction of certain grants to national nonprofit organizations experienced in providing nationwide support and technical assistance to entities interested in the legal rights of older individuals. Allows such grants to go to any nonprofit organization so experienced.

Repeals certain grants for multidisciplinary centers and multidisciplinary systems, computer training, and ombudsman and advocacy demonstration project.

(Sec. 6) Extends through FY2018 the authorization of appropriations for community service senior opportunities programs.

(Sec. 7) Extends through FY2018 the authorization of appropriations for grants for the delivery of supportive services, including nutrition services to older American Indians, Alaskan Natives, and Native Hawaiians.

(Sec. 8) Revises requirements for ombudsman programs and vulnerable elder rights protection activities, among other changes: (1) extending a State Long-Term Care Ombudsman’s responsibility to any resident of a long-term care facility regardless of age; (2) making the State Long-Term Care Ombudsman responsible for the management, including fiscal management, of his or her Office; and (3) requiring the Ombudsman, when feasible, to continue to carry out certain functions on behalf of residents transitioning from a long-term care facility to a home care setting.

Requires the State Ombudsman and any designated local Ombudsman entity to identify, investigate, and resolve complaints of any residents of a long-term care facility, including residents with limited or no decisionmaking capacity and who have no known legal representative.

Requires a state to ensure that the access of Office representatives to long-term care facilities and residents be private and unimpeded.

Considers the Ombudsman and an Office representative to be a “health oversight agency” for purposes of the Health Insurance Portability and Accountability Act of 1996 (HIPAA) so that release of residents’ individually identifiable health information to the Ombudsman or representative is not precluded in cases in which specified requirements are otherwise met.

Revises conflict of interest requirements in the designation of an Ombudsman and any situation in which the Office is placed in a state organization.

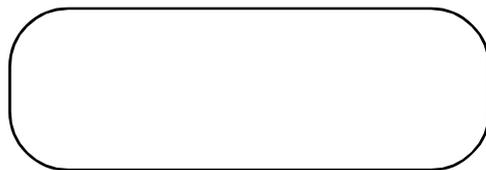
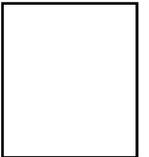
Requires a state agency on aging to: (1) promote the submission of data on elder abuse, neglect, and exploitation for appropriate Administration or other designated databases; and (2) support and study innovative practices in communities to develop elder justice partnerships across disciplines for the prevention, investigation, and prosecution of abuse, neglect, and exploitation.

(Sec. 9) Includes behavioral health in programs for mental health.

(Sec. 10) Directs the Comptroller General (GAO) to study transportation services for older individuals.

(Sec. 11) Directs the Assistant Secretary for Aging to issue guidance to states on serving Holocaust survivors.

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Return Service Requested



Next General Meeting- October 7 @ DHCC
Newsletter Deadline- October 18
Next Board Meeting- October 27