



Chapter 3396 Newsletter

The Power to Make it Better

www.aarp3396.org

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Vol 12, No. 11

TO SERVE, NOT TO BE SERVED

November 2012

Next Meeting: Tuesday November 6, 2012

When: 9:30 AM

Where: Chancellor's Village – Route 3 West

Program: Dr. John B. Rose, III – Prosthodontist

Don't Forget – Turn your clocks back on Sunday November 4!!

From Your President

In October we (70+) enjoyed a crisp afternoon aboard the City of Fredericksburg for a cruise down the Rappahannock River for several miles. The trip was ably narrated by the Captain and the crew were helpful as usual in showing the way to the facilities and picking up trays after the lunch. Our folks were joined by residents from both Greenfield Assisted Living facilities. A good time was had by all. Our chapter also helped coordinate a presentation on Health Care and You, held at Beth Shalom Temple in the Falls Run community.

Thanks go out to those members of our chapter that assisted on September 29th for Operation Medicine Cabinet. There were several locations where our members assisted in collecting no longer needed prescription drugs, other OTC medications and unused hypodermic needles. At my site we collected 135 lbs. of drugs and 55 lbs. of needles.

Next meeting on November 6th is at Chancellor's Village and we will be voting on the changed resolution for the new \$12 dues. Make sure your calendar is marked for the Holiday luncheon at the Fredericksburg Country Club. Sign up at the November meeting and pay then if possible.

Home Instead Senior Care, located just off Lafayette Blvd., is again hosting the Senior Santa project that collects and distributes usable gifts for seniors that otherwise would have no gift at the holidays. If you would like to participate by giving a gift or you know someone that needs a gift then call 899-1422 to get information.

Our very own Sally Cooney-Anderson is recruiting for the Holiday Project which coordinates visits to those individuals living in nursing homes and assisted living facilities. If you would like to become a part of a team that visits one-on-one with residents or you can entertain small groups with song, then let her know at the next meeting or email her at sallycooneyanderson@yahoo.com.

Please consider your commitment to our chapter during next year as we would like to have other members involved with the ongoing administration of our chapter. Most if not all of the Board members and the officers have exceeded their allotted time in their positions. It would be a shame if the chapter had to have its charter revoked because no one would step up to lead. I will start early in 2013 to form a nominating committee for the purpose of finding candidates to take over in 2014.

You are invited to the "Our Seniors for Seniors Pet Adoption Event" being held on November 19th at the Meadows of Salem Run apartments or on November 20th at the Kings Crest apartments. The event runs from 12 Noon till 3p.m. at both facilities. You are invited to come, meet & adopt one of our wonderful dogs or cats. Senior dogs are of various breeds and are under 35 pounds. This event is sponsored by Bandit's Adoption and Rescue of K- 9s(BARK).

Birthdays/Anniversaries – Don Colt

Thanks go to all who have provided birthday information so you could be recognized in our fine monthly Newsletter and receive "hugs and kisses" from the lovely Barbara Corley at our general meetings. Members celebrating their birthdays in November are as follows:

Joe Weins (3rd); Dan Henderson (7th); Joyce Cronk (8th); Dorothy Dinnauer & Priscilla Rose (10th); Donna Corbin (16th); Michael Shaski (17th); Gertrude Critcher (19th); Curt Wehrmann (20th); Ron Cullen (21st); Marylou Crooks & Mary Lee Lawrynas (22nd); Fran Keith (25th); Lillian Sullivan (26th); and Steve Scheibe (27th). Happy Birthday to all !!!

As previously reported, we have also developed an Anniversaries database for those members celebrating at least 50 years of wedded bliss -- which presently stands at ten. One of these couples will be celebrating in November -- Samuel & Cherry Whitehurst, their 51st on the 5th. Congratulations to Samuel & Cherry. Now, we're sure there are many more of you out there who we should be recognizing, so get those cards and letters in the mail.

Food Donations (Repeated from previous Newsletters) -- Don Colt

Hey there food shoppers! If you patronize supermarkets which offer "Buy One, Get One Free", why not bring in the "free" one to one of our General Meetings for donation to one of our designated charities?

Riverboat Trip on October 9 -- Don Colt

On Tuesday, October 9, 40 Chapter members and 30 from other senior organizations joined together for a luncheon cruise aboard the City of Fredericksburg paddlewheeler. Although the weather was a bit nippy, the Captain had the flaps down and the heat up to help make the sea voyage that much more enjoyable. During the return trip to the City dock a few bald eagles were spotted.

Annual Luncheon -- Tuesday, December 4 -- Don Colt

As previously reported, we have once again scheduled our Annual Luncheon at the Fredericksburg Country Club -- on December 4. Entertainment will be provided by the Lakers, a singing group from Lake of the Woods, who have performed for us at past luncheons. A sign-up sheet was available starting with the October General Meeting. Cost per person for this gala affair will be \$27.50 -- the same as the last two years. Deadline for sign-up and payment will be November 28. **Please see elsewhere in the Newsletter for additional information.**

Refreshment Providers -- Fran Keith

Those signed up for refreshments for November are: Barbara Corley, Kaye Loucks, Stephanie Sloan, and Dorothy Thompson.

Community Services Committee Meeting - Moses Burt

We met Tuesday October 17, 2012. On Saturday October 13, 2012, seventeen of our members volunteered to FILLwork at the Food Bank from 8:30am to 11:00. Betty Lee Sprinkle and Samuel Whitehurst worked very hard getting this project together, and they did a great job. The members filled a total of 1621 boxes.

Deliveries to Selected Charities - Goods delivered to Thurman Brisben Center this month totaled \$28.00 making a year-to-date total of \$529.93. Bragg Hill Family Life Center goods totaled \$10.00 making their total for the year \$330.50. Nothing was collected for Moss Free Clinic this month. Their year-to-date total stands at \$185.77. Reported by Shirley McRae, Secretary

Annual Luncheon -- Shirley Keister

Our Annual Luncheon will be held on December 4th at 11:30 AM at the Fredericksburg Country Club, thanks to the continuing sponsorship of Jack Farrington. Entertainment will be provided by the Lakers; and Officers/Board Members for 2013 will be installed. The cost of the luncheon will be \$27.50 per person. Deadline for signing up will be November 28th with all moneys paid by that time. The buffet will include: Garden Salad, Roast Beef with gravy, Broiled Orange Roughy, Green Beans, Honey-glazed Carrots, Bread, Dessert, Coffee and Tea. The bar will be open from 11:30 to 12:15. There will be lovely decorations, wonderful opportunities for fellowship, lively entertainment, and the usual 50/50 and Door Prize drawings. There will be collection boxes for Moss Free Clinic, Thurman Brisben Shelter, Bragg Hill Family Life Center, and The Food Bank. An elevator is available for those unable to use the stairs. There will be a sign-up sheet at the November meeting. Please sign up as early as possible for this festive affair by sending your check in to our P.O. Box early enough to arrive by the deadline, or handing it to our Treasurer at the November meeting. Remember this will replace our General Meeting in December. If you have any questions, please call Don Colt (540.654.5550) or Shirley Keister (540.548.2538).

Membership -- Barbara Corley

A warm welcome to our newest member Annie Mae Jones. Welcome Annie Mae!

Welfare -- Barbara Corley

"Thinking of You" cards were sent to Moses Burt, Linda Long, and Delores Lacey

Raffles – Barbara Corley

50/50 was won by Anne Lee. Door prize, which was donated by Kathy Corley, went to Dorothy Dinnauer. Home Instead gift bag went to Helen Davenport.

TREASURER'S REPORT - Shirley Keister	Current	Year
	Month	to Date
Beginning Balance January 1, 2012		\$1739.25
Checkbook Balance August 23, 2012	\$2625.09	
Receipts:		
50/50	\$26.00	
Comm. Ser.	\$10.00	
Dues	\$22.00	
Riverboat	\$675.00	
Name Tag	\$1.00	
Annual Luncheon	\$137.50	
Total Receipts	\$871.50	\$4208.63
Disbursements:		
Copy Center Plus	\$30.00	
Riverboat	\$1505.00	
Refund	\$52.00	
Total Disbursements	\$1587.00	\$2451.29
Checkbook Balance September 24, 2012	\$1909.59	\$1909.59

The following trips are sponsored by the King George Parks and Recreation Department. For more information call 540-775-4386. King George has some interesting day trips, I don't have room for all of them, but if you are interested in day trips give me a call, and I'll let you know what they have.

Gaslight & Gingerbread Christmas time in Cape May, NJ

December 4-6 3 Days - 2 Nights

COST: \$410 per person double \$479 Single

Package Includes: 2 Breakfasts, 2 Dinners

Christmas Time In New York City

December 11 – 12 2 Days – 1 Night

COST: \$309 per person double \$368 single.

The trips listed below are sponsored by the Fredericksburg Senior Citizens. For more information call 540-371-2429 Monday, Wednesday, Friday 9AM – 2:30 PM

Hollywood Casino Slots Thursday Nov. 8. Cost \$34. Leave 8 AM Return 5 PM

The trip to the **Sight and Sound Theatre in Lancaster, PA** to see Jonah is full, but there is a waiting list, so call if you are interested.

In addition, there is a trip on Sunday December 2 to Constitution Hall in DC to see the United States Army Band's Holiday Festival Concert. Price \$39. Call Shirley Keister (540-548-2538) for more information.

Drivers Safety Program – Shirley Keister

SPOTSYLVANIA CO PARKS AND REC (540) 507-7529 (Call To Register)

[8800 OLD DOMINION DR, FREDERICKSBURG, VA 224080000](#)

10/18/2012 09:00 AM 10/19/2012 09:00 AM (4 hours each day)

STAFFORD CO SHERIFFS DEPT (540) 658-4428 (Call To Register)

[1225 COURTHOUSE RD, STAFFORD, VA 225547108](#)

10/29/2012 09:00 AM 10/30/2012 09:00 AM (4 hours each day)

DAY TRIPS - Kathy Corley

Attention members! I have access to a VAN rental place in Stafford so we can now plan short day trips anytime. I would like to have the e-mail addresses of members interested in possibly taking some day trips. That way, I don't have to wait for the newsletter to get out to let you know where we might be going. I will pass a paper around at the next meeting to get e-mail addresses. You could also e-mail me. My e-mail address is kathy2552@cox.net.

The VAN holds 15 tightly so I will limit to 13 to make it more comfortable for the members. The cost of the transportation portion of any of the trips would be \$15 per passenger. Then we add on the cost of the admission, if there is one, and/or lunch. If you have any suggestions for day trips, let me know.

Senior Visitors Program - Teresa Bowers

The Senior Visitors Program is a service program in the Fredericksburg area that promotes independence, dignity and healthy living for older adults in their own home environment. This program matches isolated homebound seniors with trained volunteers who provide a friendly visit for an hour on a weekly basis. There is no cost for this program to the client and the ongoing relationship can make the Senior Visitors Program an especially meaningful and satisfying experience for the volunteer while it fills a void in the life of an elderly person in our community. The Senior Visitors Program is actively seeking volunteers to serve as visitors. For more information about volunteering for the Senior Visitors Program, or about how to refer a senior citizen to the program, please contact the Senior Visitors Program at 540-371-2704.

From the Heart Stitchers - Shirley Keister

This group of stitchers meets at Wegman's and other places in Fredericksburg to "produce handmade items which bring comfort, love and solace to others". However, this can be done from your home. *From the Heart* is involved in numerous projects, from making chemo hats for local cancer centers, preemie baby hats for the tiniest recipients, sleeping bags and warm mitten sets for the homeless in our area. Our members range from 6 to 99 years old. Our yarn, needles and hooks are all donated, we offer to teach anyone to knit or crochet...no charge, we just ask that they make a few items for some of our causes. If interested, please check out the website <http://fromtheheartstitchers.org> or call Shirley Keister 540-548-2538 for further information.

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RETURN SERVICE REQUESTED

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DATED MATERIAL

Next General Meeting November 6, 2012
Newsletter Deadline November 21, 2012
Next Board Meeting November 26, 2012