



Chapter 3396 Newsletter

The Power to Make it Better

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Vol 12, No. 9

TO SERVE, NOT TO BE SERVED

September 2012

Next Meeting: Tuesday September 4, 2012

When: 9:30 AM

Where: Dorothy Hart Community Center

Program: Scott Walker – Hallowed Ground Tours

From Your President

Well the Summer is coming to a close and hopefully the heat will start dissipating toward cooler days. Hopefully you are all talking up the food drive and making plans to bring 4-5 cans of food to the next meeting. A big showing of donated food would be great. Our river cruise is filling up fast so make sure your name is on the list and that you have paid your \$27. This will be my fourth year as your President and the bylaws say that I have already exceeded my limit but unless someone steps up to volunteer for an office we will not have a President or Vice-President, Treasurer or Secretary in 2014. We need 3-5 volunteers to step up and volunteer to be a nominating committee. I know you want the chapter to continue to function and provide programs of interest as well as fellowship, but unless we can get members to step up to the plate we won't have a chapter. None of the positions require a large amount of time or energy. Two meetings a month for a total of four hours. Give it some serious thought this next year! We can also use some new board members! Your tired President.

You are invited to the "Our Seniors for Seniors Pet Adoption Event" being held on November 19th at the Meadows of Salem Run apartments or on November 20th at the Kings Crest apartments. The event runs from 12 Noon till 3p.m. at both facilities. You are invited to come, meet & adopt one of our wonderful dogs or cats. Senior dogs are of various breeds and are under 35 pounds. This event is sponsored by Bandit's Adoption and Rescue of K-9s(BARK).

Birthdays/Anniversaries – Don Colt

Thanks go to all who have provided birthday information so you could be recognized in our fine monthly Newsletter and receive "hugs and kisses" from the lovely Barbara Corley at our general meetings. Members celebrating their birthdays in September are: Mack Cline (1st); Julie Wisner (4th); Diane Rhodes (7th); George Nixon (10th); Marlene Lawson (11th); Patricia Hackley (13th); Shirley Keister (14th); Moses Burt (15th); Dorothy Thompson (17th); Kaye Loucks (20th); Timothy Hogan (21st); Jeanette Cox & Bernadine Crown (26th); and Don Colt (28th).
Happy Birthday to all!!!

As previously reported, we have also developed an Anniversaries database for those members celebrating at least 50 years of wedded bliss -- which presently stands at eleven. Two of these couples -- Don & Jeanne Bare will be celebrating their 65th on the 6th; and Danny & Mary Baffo will be celebrating their 66th on the 10th.

Congratulations to the Bare's and the Baffo's. Now, we're sure there are many more of you out there who we should be recognizing, so get those cards and letters in the mail.

Food Donations (Repeated from previous Newsletters) – Don Colt

Hey, there, food shoppers! If you shop at supermarkets which offer “Buy One, Get One Free” why not bring in the “free” one to one of our General Meetings for donation to one of our designated charities?

Riverboat Trip Scheduled for October 9 - Don Colt

As previously announced, we have made a group reservation for Tuesday, October 9 for a luncheon cruise aboard the City of Fredericksburg paddlewheeler. This is a special activity and is in addition to our regularly-scheduled October General meeting. The group rate for this will be \$27 per person. A sign-up sheet was available at the July picnic and August general meeting.

So far, 26 Chapter members have signed up and will be joined by 20 other seniors from other local organizations who heard about this "fun" activity and wanted to take part. We will have the sign-up sheet available at the September General meeting for those who wish to join us and/or to pay for their passage. Deadline for sign-up and payment will be September 30. Our luncheon cruise is a two-hour trip down the Rappahannock River and back, with a delicious buffet lunch served along the way. The riverboat leaves City Dock at 12 Noon, but attendees need to be there by no later than 11:30 a.m. to be checked in, with boarding soon after.

Walk to End Alzheimer's – Saturday, September 29 – Don Colt

The Walk to End Alzheimer's will be held on Saturday morning, September 29 on the campus of the University of Mary Washington.. Your Chapter has once again agreed to be a Sponsor of this worthy cause -- which entitles us to a table at the event and an opportunity both to participate in the Walk and provide Chapter-related materials to attendees. Donation envelopes were passed around at the August General Membership meeting, and I'm pleased to announce that \$409 was collected. Thank you all for your generosity. These donations help defray the Chapter's up-front payment of the \$500 Sponsorship fee. For those members who were not at the picnic or last month's meeting, or for those who wish to give a little more, donation envelopes will be passed around at the September General Meeting.

Annual Luncheon -- Tuesday, December 4 -- Don Colt

Mark your calendars now. We have once again scheduled our Annual Luncheon at the Fredericksburg Country Club on December 4. Entertainment will be provided by the Lakers, a singing group from Lake of the Woods, who have performed for us at past luncheons. A sign-up sheet will be available at the October General Meeting, with further details included in the October Newsletter.

Senior Visitors Program – Teresa Bowers

The Senior Visitors Program is a service program in the Fredericksburg area that promotes independence, dignity and healthy living for older adults in their own home environment. This program matches isolated homebound seniors with trained volunteers who provide a friendly visit for an hour on a weekly basis. There is no cost for this program to the client and the ongoing relationship can make the Senior Visitors Program an especially meaningful and satisfying experience for the volunteer while it fills a void in the life of an elderly person in our community. The Senior Visitors Program is actively seeking volunteers to serve as visitors. For more information about volunteering for the Senior Visitors Program, or about how to refer a senior citizen to the program, please contact the Senior Visitors Program at 540-371-2704.

Refreshment Providers – Fran Keith

Refreshments for September will be provided by Shirley Altizer, Sally Anderson, Kathy Corley, Bernadine Crown.

Membership – Barbara Corley

A warm welcome to our newest members. They are Mary Jane Lee, Kathleen Holler and Marge Pulliam. Welcome to all.

Welfare – Barbara Corley

A get well card was sent to Pat Blankenship, who had knee surgery. Hope she is getting along okay. A sympathy card was sent to Mack Cline, who lost his dear wife, Estelle

Raffles – Barbara Corley

50/50 was won by Kathy Corley. Door prize went to Pat Blankenship.

TREASURER'S REPORT - Shirley Keister	Current	Year
	Month	to Date
Beginning Balance January 1, 2012		\$1,739.25
Checkbook Balance July 19, 2012	\$746.39	
Receipts:		
50/50	\$29.00	
Donations	\$7.00	
Refreshments	\$11.00	
Riverboat	\$594.00	
Alzheimers	\$409.00	
Void Check P&R	\$50.00	
Dues	\$44.00	
Total Receipts:	\$1,144.00	\$2,411.12
Disbursements:		
Copy Center Plus	\$28.00	
Total Disbursements	\$28.00	\$2,287.98
Checkbook Balance August 22, 2012	\$1,862.39	\$1,862.39

The following trips are sponsored by the King George Parks and Recreation Department. For more information call 540-775-4386. King George has some interesting day trips, I don't have room for all of them, but if you are interested in day trips give me a call, and I'll let you know what they have.

Gaslight & Gingerbread

Christmas time in Cape May, NJ

December 4-6 3 Days - 2 Nights

COST: \$410 per person double \$479 Single

Package Includes: 2 Breakfasts, 2 Dinners

Tour of 1879 Physick Estate, Trolley tour of Historic District, Holly Trolley Lights Tour of Cape May,

Interior tour of 3 Cape May Victorian mansions, Tour of Cape May Point, • Visit to the Towne of Historic Smithville, • Visit

to the Atlantic City casinos with bonus, • Free time on Washington Street Mall, Souvenir Gift, Luggage handling,

Motorcoach transportation Call Janine Paulson

Christmas Time In New York City

December 11 – 12 2 Days – 1 Night

COST: \$309 per person double \$368 single.

Package Includes: 1 Breakfast, • Radio Ci ty Music Hall Christmas Spectacular featuring the Rockettes,

Guided tour of Lower Manhattan,,Rockefeller Center, Fifth Avenue shopping, Macy's Herald Square, Souvenir gift,

Luggage handling, Motorcoach transportation

The trips listed below are sponsored by the Fredericksburg Senior Citizens. For more information call 540-371-2429 Monday, Wednesday, Friday 9AM – 2:30 PM

Smithsonian National Air and Space Museum, Chantilly, VA Thursday Sept. 6, 2012 \$30 Leave 9 AM Return 3 PM
Payment due before August 13th.

Seafood Lunch- Tim's II Crab House, Fairview Beach Thursday Sept.27. On your own for lunch. Leave ??? Return 3 PM. Payment due before Sept. 17th.

"Unnecessary Farce" Rainbow Dinner Theatre, Lancaster, PA Thursday October 11th \$79 Leave 7 AM Return 8 PM

Graves Mountain Lodge Thursday October 25th \$53 Leave 9 AM Return 4 PM

The trip to the **Sight and Sound Theatre in Lancaster, PA** to see Jonah is full, but there is a waiting list, so call if you are interested.

Drivers Safety Program – Shirley Keister

I could not access the Driver's Safety Program on the AARP website, so I only have one DSP course to report this month, and it is in October. I will try the website next week and see if I can access the schedule.

CHANCELLOR'S VILLAGE (540) 373-3125 (Call to Register)

12100 CHANCELLORS VILLAGE LN Fredericksburg, VA

10/13/2012 01:00 PM 10/14/2012 01:00 PM 4 hours each day

PROGRAMS – Stephanie Sloan

October 2nd Dr. Kash Eagleton of Orthopedic and Sports Physical Therapy & Associates will speak on seniors continuing to play the sports they love and how people at any age can stay active.

November 6th To be determined

December 4th Annual Christmas Luncheon with Entertainment by The Lakers

Operation Medicine Cabinet – Saturday September 29, 2012 10 AM – 2 PM

Drop off your expired or unused medications and sharps. Just drive up, drop off and drive out. No questions asked! This is a joint effort of DEA, local law enforcement and Mary Washington Healthcare. Three locations:

1. Mary Washington Hospital Campus – Tompkins Martin Building
2. Emergency Outpatient Services at Lee's Hill
3. Stafford Hospital

MEETINGS AND LOCATIONS – Shirley Keister

As of today, the following meeting places have been reserved: October 2 and November 6 – Chancellor's Village December 4 – Fredericksburg Country Club

AARP CHAPTER 3396
PO BOX 3396
FREDERICKSBURG VA 22402-3396
RETURN SERVICE REQUESTED

Non-Profit Organization U.S. Postage Paid Fredericksburg VA Permit 139

DATED MATERIAL

Next General Meeting September 4, 2012

Newsletter Deadline September 19, 2012

Next Board Meeting September 24, 2012