



# Chapter 3396 Newsletter

*The Power to Make it Better*

www.aarp3396.org

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## NEWSLETTER EDITOR

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TO SERVE, NOT TO BE SERVED

April 2013

**Next Meeting: Tuesday April 2 2013**

**When: 9:30 AM**

**Where: Dorothy Hart Community Center**

**Program: Kate Hopper, Home Instead will give a presentation on Health Care Options for Seniors**

### From Your President

This weekend of March 15-17 AARP had a booth at the Spring Home and Garden Show at the Fredericksburg Expo Center. It was sponsored by AARP Virginia with the theme of the "Home Fit Guide.." This guide gives examples of how you can make your current home more livable for your older years so you can stay in it longer. It is one of AARP's better publications for seniors. AARP Virginia helped sponsor the show and had them put the guides in the bags that each person received upon entering. Unfortunately they ran out of guides by midday Saturday and our booth ran out about the same time. We passed out literature on Certified Aging in Place Specialists (CAPS) that can make alterations in your home that make living there easier as you age. We had a spinning wheel with various abbreviations related to Universal Design and Home Fitness and if our visitors came anywhere near guessing what they meant then they got a prize of either a calculator or a small carry tote. After we ran out of those prizes we gave out the AARP medicine cards. Mary Kofron saved the day on Sunday when she brought in a stash of guides she had at home. Thanks Mary! All in all we had great exposure during the show and we passed out a bunch of AARP membership applications. Wish we had brought some of our chapter membership applications to pass out too. Spring has officially arrived and with it warmer weather so get out and enjoy it!

**Birthday/Anniversaries -- Don Colt** Thanks go to all who have provided birthday information so you could be recognized in our fine monthly Newsletter and receive "hugs and kisses" at our general meetings.

Members celebrating their birthdays in April are as follows:

Annie Mae Jones (2nd); Mary Hogan & Leslie Sorkhe (4th); Pat Blankenship (6th); Pam Bettis, Audrey Harthausen & Gerlinde Renfrew (8th); Jean Bare, Michael Bare, Gerald Harvey & Kenneth Loucks (18th); Elsa Colt (19th); and Linda Lotempio (27th).

Happy Birthday to all!!!

As previously reported, we have also developed an Anniversaries database for those members celebrating at least 50 years of wedded bliss -- which presently stands at ten. One of these couples -- George & Katie Billing -- will be celebrating their 64<sup>th</sup> on April 23<sup>rd</sup>. Now, we're sure there are many of you out there who we should be recognizing, so get those cards and letters in the mail.

### **Food Donations (Repeated from previous Newsletters -- Don Colt**

Hey there food shoppers! If you patronize supermarkets which offer "Buy One, Get One Free", why not bring in the "free" one to one of our General Meetings for donation to one of our designated charities?

### **Membership -- Barbara Corley**

Welcome to our new members: Rita Giovannelli, Janie Lewis, Virginia Austin, Gail Palmer, and Edd Houck.

### **Welfare -- Barbara Corley**

A get-well card was sent to Jo Harding and a sympathy card was sent to Elsa Colt, who lost her mother.

### **Raffles -- Barbara Corley**

50/50 was won by Edd Houck, who donated it back to the chapter. Thanks Edd. The door prize donated by Home Instead went to Helen Davenport.

### **INCOME TAX PREPARATION**

FREE FEDERAL AND STATE INCOME TAX PREPARATION available by appointment at area libraries thru April 11

Salem Church Library on Wednesdays and Fridays--Call 785-9267 on Monday mornings for an appointment.

Snow Memorial Library on Saturday--Call 507-7565 for an appointment.

England Run Library on Monday and Wednesday--Call 507-7565 for an appointment

Also available at the Dorothy Hart Community Center on Tuesdays and Thursdays from 930 to 300, first-come, first-served.

Bring your W2 and other tax forms, a photo ID for you and your spouse, security cards for all persons included in the return and other relevant information such as last year's returns. You need not be an AARP member to use this free service.

### **Drivers Safety Program -- Shirley Keister**

#### **AARP CHAPTER 3195**

(540) 775-2364 (Call to Register)

10021 DAHLGREN RD KING GEORGE, VA 224853702

04/09/2013 09:00 AM 04/10/2013 09:00 AM (4 hours each day)

#### **SPOTSYLVANIA CO PARKS AND REC**

(540) 507-7533 (Call To Register)

8800 OLD DOMINION DR, FREDERICKSBURG, VA 224080000

04/18/2013 09:00 AM 04/19/2013 09:00 AM (4 hours each day)

#### **STAFFORD CO SHERIFFS DEPT PUB SAFETY BLDG**

(540) 658-4428 (Call To Register)

1225 COURTHOUSE RD, STAFFORD, VA 225547108

04/29/2013 09:00 AM 04/30/2013 09:00 AM (4 hours each day)

### **TRIPS**

The following overnight trips are offered by King George Parks & Rec. For further information, call Janine Paulsen 540-775-4FUN

**Savannah, Ga & Charleston, SC** April 9-12 4 Days/3 Nights \$449 pp/Double (add \$139 Single)

**Niagara Falls** (May 5-11 7 Days/6 Nights \$729 pp/Double (add \$219 Single)

**Cape Cod, Mass** June 22-28 7 Days/6 Nights \$684 pp/Double (add \$175 Single)

**Vermont & New Hampshire** August 11-16 6 Days/5 Nights \$679 pp/ Double (add \$159 Single)

**Chicago** October 14-20 6 Days/5 Nights \$679 pp/Double

**Mackinac Island, Mich.** September 13-19 7 Days/6 Nights \$739 pp/Double (add \$239 Single)

**Orlando, FL** Nov 10-16 7 Days/6 Nights \$589pp/ Double (add \$189 single)

**Wheeling - Greenbrier, WV** December 3-5 3 Days/2 Nights \$345 pp/Double

**Christmas in NYC** December 11-12 2 Days/1 Night \$234 pp/Double

For information on the following trip, call Shirley Keister 540-548-2538

**8 Night Fall Foliage Cruise New England & Canada**

Sailing from Baltimore October 17 ~ 25, 2013 on Royal Caribbean's Splendor of the Sea  
Round trip Motor coach from Fredericksburg to Pier Must have passport!

**April 2013 Tours 4 Fun Trips**

King George Parks & Recreation is planning the following day trips for March. Come and enjoy a trip! The group will make decisions on lunch stops. These trips are affordable and fun. Cost is for transportation only! Please call King George Parks & Recreation for details and additional pricing. Limited Seating! Janine Paulsen 540-775-4FUN. When you call KGPR, please mention that you heard about these trips thru Fredericksburg AARP.

**April 11 THURS and May 23 THURS**

NATIONAL MALL & MUSEUMS - COST \$25 pp/ Trans. Only

Leave K.G. Citizens Center @ 8:00am Leave Washington DC. @ 2:30pm

Points of interest March 7.and April 11: Smithsonian, U.S. Holocaust Museum, and Natural History Museum Walking the National Mall and seeing all the sights

Points of interest May 23: Martin Luther King, Jr., Vietnam, Lincoln, Korean, Jefferson, WWII Memorials

Watch for more **day trips** offered by King George Parks & Rec in our next newsletter!

<b>TREASURER'S REPORT - Shirley Keister</b>	<b>Current</b>	<b>Year</b>
	<b>Month</b>	<b>to Date</b>
Beginning Balance January 1, 2013		\$1,937.23
Checkbook Balance February 20, 2013	\$2,674.54	
Receipts:		
	50/50	\$27.00
	Dues	\$144.00
	Community Service	\$27.00
	N/L Donations	\$120.00
Total Receipts:	\$318.00	\$1,376.00
Disbursements:		
	Copy Center Plus	\$30.00
Total Disbursements	\$30.00	\$350.69
Checkbook Balance March 20, 2013	\$2,962.54	\$2,962.54

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**Day Trips** - Kathy Corley

The Michie Tavern trip is a go. I need for those who have signed up to send me a check for \$35.45 to cover transportation and meal cost. Make the check out to Kathy Corley and send it to 1705 Sherwood Dr. Fredericksburg, VA 22405 by April 19.

**Senior Visitors Program** – Teresa Bowers

The Senior Visitors Program is a service program in the Fredericksburg area that promotes independence, dignity and healthy living for older adults in their own home environment. This program matches isolated homebound seniors with trained volunteers who provide a friendly visit for an hour on a weekly basis. There is no cost for this program to the client and the ongoing relationship can make the Senior Visitors Program an especially meaningful and satisfying experience for the volunteer while it fills a void in the life of an elderly person in our community. The Senior Visitors Program is actively seeking volunteers to serve as visitors. For

**AARP CHAPTER 3396**  
**PO BOX 3396**  
**FREDERICKSBURG VA 22402-3396**  
RETURN SERVICE REQUESTED

Non-Profit Organization U.S. Postage Paid Fredericksburg VA Permit 139
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**DATED MATERIAL**

Next General Meeting: April 2, 2013  
Newsletter Deadline: April 17, 2013  
Next Board Meeting: April 22, 2013

more information about volunteering for the Senior Visitors Program, or about how to refer a senior citizen to the program, please contact the Senior Visitors Program at 540-371-2704.

**Refreshment Providers** – Fran Keith

Those signed up for refreshments for April are: Marietta D'Ostilio, Kathleen Holler, Anne Lee, Sandi Saunders.

**Volunteer of the Month**

This month the spotlight shines on Betty Lee Sprinkle. Betty Lee has been the chapter's secretary for several years. She also volunteers as secretary of the Fredericksburg Senior Citizens group. Betty Lee helps out each time we cook at the Thrumman Brisban Homeless Shelter and is constantly in the assembly like at the Food Bank helping to pack food boxes. In addition, she helps man the table at the Alzheimer's Walk and has been seen on several occassions at Bragg Hill Family Life Center helping get the kids ready for the start of a new school year with supplies and clothing. Kudos to Betty Lee Sprinkle, our volunteer of the month.

**6<sup>th</sup> Annual Silver Prom**

Ron Rosner Family YMCA Saturday May 4, 2013 6 PM – 9 PM  
Rock'n Around the Clock 50 or Older Free to the Community  
Dress in Sunday Best or 50's Theme 540-735-9622  
Light Appetizers. Refreshments. Prom Pictures. Raffles. Entertainment. Dancing.  
Prom King and Queen (must be dressed in 50's theme), and much more  
Music by Award Winner DJ Roo