



Chapter 3396 Newsletter

The Power to Make it Better

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TO SERVE, NOT TO BE SERVED

April 2012

Next Meeting: Tuesday April 3, 2012

When: 9:30 AM

Where: Dorothy Hart Community Center

**Program: Bill Kallio – State Director for AARP Virginia –
It’s Your Medicare: Keep it Strong - An Important Dialogue
about the Future of Medicare!**

From Your President

On Monday, March 19th I attended a meeting in Richmond for the purpose of hearing from our National AARP headquarters on what plans they have to bolster Social Security and Medicare for future generations.

AARP CEO A. Barry Rand talked about You’ve Earned a Say and how millions of Americans want to have their voices heard in the debate about [health](#) and [retirement security](#)

AARP has launched [You’ve Earned a Say](#) – a national conversation to ensure that Americans have a say in the future of Medicare and Social Security. It’s called You’ve Earned a Say because Americans have earned their benefits by paying into Medicare and Social Security for years and they deserve to know what politicians are talking about — without the political jargon and spin.

Through the end of the year, AARP will sponsor town halls, community conversations, debates, webcasts, bus tours and other events — all with the goal of giving Americans a chance to hear about the proposals, share their views and offer their own ideas about how to keep Medicare and Social Security strong for generations to come.

Hope you all will invite a friend or fellow AARP member to come to our April 3rd meeting to hear more about Medicare from Bill Kallio of the Richmond state office.

Birthdays/Anniversaries – Don Colt

Thanks go to all who have provided birthday information so you could be recognized in our fine monthly Newsletter and receive “hugs and kisses” from the lovely Barbara Corley at our General Meetings. Members celebrating their birthdays in April are as follows: Leslie Sorkhe (4th); Audrey Harthausen & Gerlinde Renfrew (8th); Edith Rothermel (16th); Jeane Bare, Michael Bare & Gerald Harvey (18th); and Elsa Colt (19th). Pat Blankenship (6th); Linda Lotempio (27th)

Happy Birthday to all !!

As previously reported, we have also developed an Anniversaries database for those members celebrating at least 50 years of wedded bliss – which presently stands at eight. One of these – George & Kate Billing – will be celebrating their 63rd on the 3rd. We’re sure there are more of you we should be recognizing, so get those cards and letters in the mail

Drivers Safety Program – Shirley Keister

DISABILITY RESOURCE CENTER (540) 373-2559 (Call to Register)

409 Progress Street Fredericksburg, VA

04/19/2012 09:00 AM 04/20/2012 09:00 AM 4 hours each day

ENGLISH OAKS SENIOR APTS (540) 372-7797 Call to Register

11 Darlington Way Fredericksburg, VA

04/19/2012 09:00 AM 04/20/2012 09:00 AM 4 hours each day

AARP CHAPTER 3195 (540) 775-2364 (Call to Register)

10021 Dahlgren Road King George, VA

04/17/2012 09:00 AM 04/18/2012 09:00 AM 4 hours each day

FREE TAX PREPARATION

Free preparation and electronic filing of 2011 federal and state individual tax returns is being offered until April 13 by AARP-trained volunteers. This service is available to low- and middle-income taxpayers, with special attention to those 55 and older.

Appointments for this free tax preparation can be made at the Salem Church Library, 2607 Salem Church Road. To schedule an appointment for either Wednesday or Friday between the hours of 10:00 a.m. and 2:30 p.m., call the library at 540-785-9267 on a Monday morning. Walk-ins will also be accommodated. And please note that you need not be a member of AARP to use this service.

For more information, call Ernie Bartholomew at 540-361-4588.

TREASURER'S REPORT - Shirley Keister	Current Month	Year to Date
Beginning Balance January 1, 2012		\$1,739.25
Checkbook Balance February 22, 2012	\$2,120.47	
Receipts:		
	50/50	\$30.00
	Interest (Dec.)	\$0.02
	Dues	\$170.00
Total Receipts	\$200.02	\$839.04
Disbursements:		
:	Copy Center Plus	\$42.00
Total Disbursements:	\$42.00	\$299.80
Checkbook Balance March 21, 2012	\$2,278.49	\$2,278.49

Membership - Barbara Corley

New members in the Chapter are Mary Haines and Linda Lotempio. A warm welcome to both of you!

Welfare - Barbara Corley

A get-well card was sent to Moses Burt. Hope he is doing much better. A get-well card was also sent to Pat Blankenship who had knee surgery. Good luck, Pat.

Raffles – Barbara Corley

50/50 was won by Stephanie Sloan and the door prize went to Bob Kofron.

Volunteers Wanted – Denis Paddeu - RAAA

Mobility Options, a transportation service of the Rappahannock Area Agency on Aging, announces it is recruiting area residents for a new Volunteer Driver Program. In an effort to provide a broad array of transportation alternatives for persons with disabilities who live in the four county (Caroline, King George, Spotsylvania, Stafford and the City) Fredericksburg area volunteers are being sought who will have the opportunity to provide much needed transportation to riders for a variety of trip destinations including medical appointments, shopping, recreational outings and social engagements.

Benefits to Volunteers: Volunteers will have personal liability and vehicle insurance provided at no cost by the Rappahannock Area Agency on Aging through the State of Virginia Division of Risk Management. This insurance covers the volunteer and the vehicle while the rider is in the volunteer's car. The insurance is primary coverage and is not related in any way to insurance maintained by the vehicle owner which will be secondary. Volunteers will be paid a stipend of 25 cents per mile for miles traveled while the rider is in the volunteer's vehicle. Volunteer Driver mileage sheets, on which beginning and ending trip mileage is recorded, will be turned in on a biweekly basis for reimbursement. Flexible schedule based on the amount of time the volunteer wants to contribute to the program. Volunteer Drivers will have the knowledge that they are helping a fellow Fredericksburg area resident meet a critical need that in many cases would otherwise be unfulfilled.

How to Apply: Persons interested in becoming a volunteer driver should contact Mobility Options at 1-800-627-2892 for additional information about the program and application forms.

Community Services – Moses Burt

Items with an estimated value of \$52,00 were delivered to the Thurman Brisben Shelter, the area shelter for the homeless, bringing the value delivered to date to \$225.00.

Items valued at \$6.00 were delivered to Moss Free Clinic. The value of the total delivered to Moss Free Clinic to date is six (\$6.00).

AARP MEETING NOTICES – Shirley Keister

On March 15, the **Free Lance-Star** published a new section of the newspaper titled "Live Well". This section will appear on the 3rd Thursday of each month, and is for news, notices, articles, etc. pertaining to the Senior population of the Fredericksburg area. In the past, our AARP meeting notice has appeared in the Community Briefs section in the Sunday edition before our meeting on Tuesday. Beginning with our May 8 meeting, this notice will appear in the Live Well section under the Leisure Activities column on the third Thursday edition of the Free Lance-Star. Please look in this section of the paper for our notices.

OPERATION MEDICINE CABINET – Shirley Keister

Partners in Aging is once again sponsoring Operation Medicine Cabinet. Drop off your expired or unused medications and Sharps! April 28, 2012 10AM -2PM

Three locations:

- 1) Mary Washington Hospital Campus – Tompkins Martin Building
- 2) Emergency & Outpatient Services at Lee's Hill
- 3) Stafford Hospital

For more information, call: Jennifer Reynolds at 540-741-3107

Refreshment Providers – Fran Keith

Refreshments for April will be provided by AARP Virginia. A sign up sheet for Refreshments will be available at the General meetings for the remainder of the year. Be sure to sign up early to indicate the month you prefer to bring refreshments.

SILVER PROM – MAY 5 – Shirley Keister

CINCO DE MAYO 2012 5th Annual Silver Prom - May 5, 2012 6PM to 9:30PM - 50 and Older - Ron Rosner Family YMCA, 5700 Smith Station Road, Fredericksburg. Light appetizers, Refreshments, Prom Picture, Raffle Prizes, Entertainment, Dancing and Much More Dress in Sunday Best or Better. Free to the Community!

Mailing Labels – Shirley Keister

Please check the “Paid thru” date on your mailing label, to see if it is correct. If not, let either Barbara Corley (540-659-2605) or myself, Shirley Keister (540-548-2538) know, so we can correct it.

TALL SHIP HARBOR CRUISE – Shirley Keister

From Norfolk Wednesday, May 9, 2012. A narrated cruise on the smooth waters of the historic Elizabeth River and Hampton Roads Harbor. Lend a hand with the sails! Take a turn at the helm! Or just sit back, relax and enjoy the shaded deck or the climate controlled lounge below. \$74 per person. Depart Fredericksburg 10:30AM, Return 7PM. Contact Shirley Keister (540-548-2538 or shirleynk@aol.com) for further information or to make your reservation.

**AARP CHAPTER 3396
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FREDERICKSBURG VA 22402-3396
RETURN SERVICE REQUESTED**

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DATED MATERIAL

Next General Meeting April 3, 2012
Newsletter Deadline April 18, 2012
Next Board Meeting April 23, 2012