



# Chapter 3396 Newsletter

*The Power to Make it Better*

## OFFICERS

**PRESIDENT**  
Steve Scheibe  
540.898.1378

**VICE PRESIDENT**  
Kathy Corley  
540.479.6785

**TREASURER**  
Shirley Keister  
540.548.2538

**ASST. TREASURER**  
Don Colt  
540.654.5550

**SECRETARY**  
Betty Lee Sprinkle  
540.786-2650

**BOARD MEMBERS**  
Moses Burt  
540.891.9418

Barbara Corley  
540.659.2605

Evadine Cooper  
540.373.3063

Dorothy Dinnauer  
540.786.3327

Elen Grigg  
540.373.4242

Stephanie Sloan  
540.898.2248

## NEWSLETTER EDITOR

Shirley Keister  
shirleyk@aol.com  
540.548.2538

Vol 12, No. 10

TO SERVE, NOT TO BE SERVED

October 2012

**Next Meeting: Tuesday October 2, 2012**

**When: 9:30 AM**

**Where: Chancellor's Village – Route 3 West**

**Program: Dr. Kash Eagleton of Orthopedic and Sports**

**Physical Therapy & Associates will speak on seniors**

**continuing to play the sports they love and how people at**

**any age can stay active.**

### From Your President

Due to the efforts of many, AARP, TRIAD, and PIA have collected almost 2500 pounds of food products that will be distributed to those in need of food, and almost \$600 in cash donations. Thanks to all who participated. We need your vote at the October meeting for the dues increase to \$12. If you have a food donation we will still accept it for the food bank. We will have election of officers and board members in November so if you are interested in serving your chapter let us know.

You are invited to the "Our Seniors for Seniors Pet Adoption Event" being held on November 19th at the Meadows of Salem Run apartments or on November 20th at the Kings Crest apartments. The event runs from 12 Noon till 3p.m. at both facilities. You are invited to come, meet & adopt one of our wonderful dogs or cats. Senior dogs are of various breeds and are under 35 pounds. This event is sponsored by Bandit's Adoption and Rescue of K-9s(BARK).

### Birthdays/Anniversaries – Don Colt

Thanks go to all who have provided birthday information so you could be recognized in our fine monthly Newsletter and receive "hugs and kisses" from the lovely Barbara Corley at our general meetings. Members celebrating their birthdays in October are as follows:

Mary Ann Henry & Cherry Whitehurst (1st); Sandra Saunders & Rebecca Waggoner (2<sup>nd</sup>); Rita Morin (3<sup>rd</sup>); Mary Ann Dent (6<sup>th</sup>); Susan Dinnauer (9<sup>th</sup>); Barbara Corley (16<sup>th</sup>); and Jack Brodie (17<sup>th</sup>). In addition, Marge Pulliam, a new member, celebrated her birthday on September 23<sup>rd</sup>, but she was not included in last month's Newsletter.

We regret the omission – Happy Birthday to all!!!

As previously reported, we have also developed an Anniversaries database for those members celebrating at least 50 years of wedded bliss -- which presently stands at ten. None of these couples will be celebrating in October. Now, we're sure there are many more of you out there who we should be recognizing, so get those cards and letters in the mail.

### Food Donations (Repeated from previous Newsletters) -- Don Colt

Hey there food shoppers! If you patronize supermarkets which offer "Buy One, Get One Free", why not bring in the "free" one to one of our General Meetings for donation to one of our designated charities?

### **Riverboat Trip Scheduled for October 9 -- Don Colt**

As previously announced, we have made a group reservation for Tuesday, October 9 for a luncheon cruise aboard the City of Fredericksburg paddlewheeler. This is a special activity and is in addition to our regularly-scheduled October General meeting. The group rate for this is \$27 per person. A sign-up sheet was available at the July picnic and August and September general meetings.

So far, 40 Chapter members have signed up and will be joined by 30 seniors from other local organizations who heard about this "fun" activity and wanted to take part. Deadline for sign-up and payment will be September 30. Our luncheon cruise is a two-hour trip down the Rappahannock River and back, with a delicious buffet lunch served along the way. The riverboat leaves City Dock at 12 Noon, but attendees need to be there by no later than 11:30 a.m. to be checked in, with boarding soon after.

### **Walk to End Alzheimer's -- Saturday, September 29 -- Don Colt**

By the time you read this Newsletter, the Walk to End Alzheimer's will have been held on Saturday morning, September 29 on the campus of the University of Mary Washington.. Your Chapter has once again agreed to be a Sponsor of this worthy cause -- which entitles us to a table at the event and an opportunity both to participate in the Walk and provide Chapter-related materials to attendees. Donation envelopes were passed around at the August and September General Membership meetings, and I'm pleased to announce that a total of \$551 was collected. Thank you all for your generosity. These donations helped defray the Chapter's up-front payment of the \$500 Sponsorship fee.

### **Annual Luncheon -- Tuesday, December 4 -- Don Colt**

As previously reported, we have once again scheduled our Annual Luncheon at the Fredericksburg Country Club -- on December 4. Entertainment will be provided by the Lakers, a singing group from Lake of the Woods, who have performed for us at past luncheons. A sign-up sheet will be available starting with the October General Meeting. Cost per person for this gala affair will be \$27.50 -- the same as the last two years. Deadline for sign-up and payment will be November 28.

**Please see elsewhere in the Newsletter for additional information.**

### **Refreshment Providers -- Fran Keith**

Those signed up for refreshments for the October General Meeting are: Evadine Cooper, Dorothy Dinnauer, Fran Keith and Ann Massaro,

### **ANNUAL LUNCHEON -- Shirley Keister**

The menu for our Annual Luncheon to be held at the Fredericksburg County Club on December 4 will be as follows: Garden Salad, Roast Beef with gravy, Broiled Orange Roughy, Green Beans, Honey Glazed Carrots, Whipped Potatoes, Bread, Dessert, Coffee and Tea. The bar will be open from 11:30 until 12:15. Further details will be available in the November Newsletter.

### **Membership -- Barbara Corley**

A warm welcome to our new member Marieta D'Ostilio.

### **Raffles -- Barbara Corley**

50/50 was won by Babara Corley. Door prize went to George Nixon.

### **Welfare -- Barbara Corley**

A get well card was sent to Don Colt, who had a pace-maker put in. Hope he is doing well.

### **STANDING RULES CHANGE -- Kathy Corley**

Dues will be changing from \$10 to \$12 effective January 1, 2013. The change was already approved by the membership, but the Standing Rules needs to be changed. We will vote on the change to the Standing Rules at the October general meeting.

Change to **AARP Chapter 3396 STANDING RULES**

#### **PARAGRAPH 4:**

... Annual dues, **currently \$10**, (change to -- "**currently \$12**") shall be due January 1st of each year and may be paid by mail or in person at a Chapter meeting. . . Members who have not paid their dues by March 1 of each year will be considered delinquent and will be dropped from the Chapter rolls and mailing list. New members **after October 1 will not be charged dues for the remainder of the year of joining, and dues payment made upon joining will be credited to the following year.** (changed to - "**dues will be pro-rated at a charge of \$1 or each month remaining in the current year.**")

### **MICHIE TAVERN TRIP -- Kathy Corley**

We are planning a trip to Michie Tavern October 24 to enjoy their wonderful lunch. We will leave Fredericksburg at 10:00 am arriving at Michie Tavern for our 11:30 lunch. The cost is \$16.95 for the meal and \$11.00 for the transportation. Let Kathy Corley (540-

479-6785) know no later than October 12 if you want to take the trip. We are limited to 15, so sign up early. Bill of Fare contains: Southern Fried Chicken - Marinated Baked Chicken - Hand-pulled Pork Barbecue - Black-eye Peas - Stewed Tomatoes - Mashed Potatoes with Gravy - Hot Green Beans - Cole Slaw - Whole Baby Beets -Biscuits and Cornbread.

<b>TREASURER'S REPORT - Shirley Keister</b>	<b>Current</b>	<b>Year</b>
	<b>Month</b>	<b>to Date</b>
Beginning Balance January 1, 2012		\$1,739.25
Checkbook Balance August 23, 2012	\$1862.39	
Receipts:		
50/50	\$24.00	
Donations	\$2.01	
Refreshments	\$12.00	
Riverboat	\$702.00	
Alzheimers	\$142.00	
Dues	\$44.00	
 Total Receipts	 \$926.01	 \$3337.13
Disbursements:		
Copy Center Plus	\$30.00	
Stamps	\$9.00	
Homeless Shelter	\$124.31	
 Total Disbursements	 \$163.31	 \$2451.29
 Checkbook Balance September 24, 2012	 \$2625.09	 \$2625.09

**The following trips are sponsored by the King George Parks and Recreation Department. For more information call 540-775-4386.** King George has some interesting day trips, I don't have room for all of them, but if you are interested in day trips give me a call, and I'll let you know what they have.

**Gaslight & Gingerbread Christmas time in Cape May, NJ**

December 4-6 3 Days - 2 Nights  
 COST: \$410 per person double \$479 Single  
 Package Includes: 2 Breakfasts, 2 Dinners

**Christmas Time In New York City**

December 11 – 12 2 Days – 1 Night  
 COST: \$309 per person double \$368 single.

**The trips listed below are sponsored by the Fredericksburg Senior Citizens. For more information call 540-371-2429 Monday, Wednesday, Friday 9AM – 2:30 PM**

**Seafood Lunch- Tim's II Crab House, Fairview Beach** Thursday Sept.27. On your own for lunch. Leave ???? Return 3 PM. Payment due before Sept. 17<sup>th</sup>.  
**"Unnecessary Farce" Rainbow Dinner Theatre, Lancaster, PA** Thursday October 11<sup>th</sup> \$79 Leave 7 AM Return 8 PM  
**Graves Mountain Lodge** Thursday October 25<sup>th</sup> \$53 Leave 9 AM Return 4 PM  
 The trip to the **Sight and Sound Theatre in Lancaster, PA** to see Jonah is full, but there is a waiting list, so call if you are interested.

In addition, there is a trip on Sunday December 2 to Constitution Hall in DC to see the United States Army Band's Holiday Festival Concert. Price \$39. Call Shirley Keister (540-548-2538) for more information.

**Drivers Safety Program – Shirley Keister**  
 CHANCELLOR'S VILLAGE (540) 373-3125 (Call to Register)

12100 CHANCELLORS VILLAGE LN Fredericksburg, VA  
10/13/2012 01:00 PM 10/14/2012 01:00 PM 4 hours each day

**PROGRAMS – Stephanie Sloan**

November 6th Dr. John B. Rose, III - Prosthodontist

December 4th Annual Christmas Luncheon with Entertainment by The Lakers

**Operation Medicine Cabinet – Saturday September 29, 2012 10 AM – 2 PM**

Drop off your expired or unused medications and sharps. Just drive up, drop off and drive out. No questions asked! This is a joint effort of DEA, local law enforcement and Mary Washington Healthcare. Three locations:

1. Mary Washington Hospital Campus – Tompkins Martin Building
2. Emergency Outpatient Services at Lee's Hill
3. Stafford Hospital

**MEETINGS AND LOCATIONS – Shirley Keister**

**As of today**, the following meeting places have been reserved:

November 6 – Chancellor's Village

December 4 – Fredericksburg Country Club

**AARP CHAPTER 3396**  
**PO BOX 3396**  
**FREDERICKSBURG VA 22402-3396**  
RETURN SERVICE REQUESTED

Non-Profit Organization U.S. Postage Paid Fredericksburg VA Permit 139
---

**DATED MATERIAL**

Next General Meeting October 2, 2012

Newsletter Deadline October 17, 2012

Next Board Meeting October 22, 2012