



Chapter 3396 Newsletter

Fredericksburg, Virginia

“To Serve, Not To Be Served”

Vol. 15 No. 21

February 2015

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Steve Scheibe

Program
Stephanie Sloan

Refreshments
Marietta D'Ostilio

Sunshine
Kaye Loucks

Travel/Trips
Shirley Keister

Next Meeting: Tuesday, February 3, 2015

Where: Dorothy Hart Community Center

Time: 10:00 a.m.

Speaker: Tammy Appel - Empower House - Asst. Dir.

Presidents Report

Kathy Corley

Happy February!! I hope everyone was able to stay warm and cozy during January. Several of us spent one week of January traveling with the Lake of the Woods AARP to the Florida Keys, touring the Keys and Miami, and returning to the cold Fredericksburg area. It is always nice to get away, especially if it is to a warmer climate.

Here's what's coming up -

- **February 3** - membership meeting at the Dorothy Hart Center, weather permitting. Remember, if Fredericksburg City schools are closed or opening late due to inclement weather, our meeting is cancelled.
- February monthly charity – Moss Free Clinic – because they need large office items, it was agreed at the January meeting, to collect money to give them to purchase a large item they need.

Reminder: Because we did away with the post office box address, send any correspondence to:

Fredericksburg Area AARP Chapter 3396
707 Edwards Drive
Fredericksburg VA 22405

Community Service

Sally Cooney Anderson

The AARP Chapter 3396 Corley/Burt Community Service Committee leads chapter efforts to identify and respond to essential social needs in our community and to provide meaningful and rewarding volunteer opportunities for chapter members. In 2015, the committee will meet monthly, immediately following chapter meetings, except for July and December. Our next meeting will be on Tuesday, February 3, 2015. All chapter members are invited to attend.

THANKS to everyone who contributed cash and items for Micah Ministries at our January meeting. The value of our contribution was \$511.

Please bring cash donations for the Moss Free Clinic to our February 3 chapter meeting. We will be purchasing something from their wish list.

THANKS to the 9 volunteers who shopped, cooked and served dinner at the **Thurman Brisben Center** on January 8. We even spent some time organizing items in the storeroom.

Next on the calendar, on Saturday, January 24, Chapter members are invited to attend

Contents

Community Service 1-2

Birthdays 2

Travel/trips 2

Sunshine 2

Membership 3

Senior Safety Tips 3

Treasurer's report 4

Micah Need list 4

(continued on page 2)

the **Goodwill GoodSkills Literacy Corps** training to be a one-on-one adult tutor in basic reading and math. More information — <http://www.fredgoodwill.org/employment/goodskills-literacy-corps>

Register — http://www.volunteermatch.org/results/opp_detail.jsp?oppid=1763603

Saturday January 24 from 9:00am to 1:00pm, **Thursday January 29** from 9:00am to 1:00pm and **Wednesday, February 18** from 9:00am to 1:00pm – Choose a date to attend an orientation to volunteer with the Mental Health America/Fredericksburg Senior Visitors Program be matched with a senior and provide a weekly friendly visit. For more information about volunteering for the Senior Visitors Program or about how to refer a senior citizen to the program, contact Teresa Bowers at 540-371-2704 or mhafsv@mhafred.org

Tuesday, January 27 is AARP Lobby Day in Richmond. If you are interested in attending, contact Mary Kofron.

For additional information about our Chapter's community service, contact Sally Cooney Anderson at sallycooneyanderson@yahoo.com or 540-371-7484.

Birthdays/Anniversaries

February

Kathy Corley 5, Johnny Creech 11, Marietta D'Ostilio 11, Leon Williams 12, Janice Dickerson 15, Phyllis Dahlgren 26, Sally Cooney-Anderson 28

Happy birthday to all!

Travel/Trips

From the Fredericksburg Senior Travel Committee - Casino Trip, **Wednesday, February 18, 2015** \$35.00 per person. Bus leaves and returns from Senior Center. Times -TBA

Virginia International Tatoo, Norfolk, VA, Sunday April 26, 2015 - \$135.00 per person. Price includes Virginia International Tattoo, Tattoo Hullabaloo Entertainment, Norfolk Botanical Gardens Azalea Festival - TramTour (no walking). dinner, tax, gratuity. Please come by the Travel Office to pay in full or make a down payment.

Riverside Dinner Theatre - Interest has been shown to see the performance "9 to 5" with Sally Struthers. This would probably be in March. Right now we are looking at an interest list. Please call Travel Office (540-371-2429) or come in Monday, Wednesday or Friday 10:00a.m. until 2:00 p.m. and sign an interest list.

"Travel and change of place impart new vigor to the mind." - Seneca

Sunshine

Kaye Loucks

Thinking of you/hope you feel better cards sent to Mary Baffo, Delores Lacy, Madge Haynes, Annie May Jones and Rita Morin.

Refreshments

Marietta D'Ostilio

The following individuals will be providing refreshments for our February meeting:

Shirley McRae, Sally Cooney Anderson, Samuel Whitehurst, Kaye Loucks

Membership

Kathy Corley

Membership: We have 118 members at the end of December. If you have not paid your dues for 2015, please send your \$12 dues payment to Joyce Cronk, 707 Edwards Drive, Fredericksburg VA 22405. If you want the newsletter mailed to you, add an additional \$6.00..

Senior Safety Tips

In the last few months, the neighborhood scams started while others slowed or stopped. This past summer was the pave or resurface your driveway scam. Last month and this month is the scam that takes the homeowner outside the home long enough for the other member of the scam team to enter the home and steal money, jewelry and anything of value that is small enough to carry away. The team is usually two persons. One comes to the door and tells the resident that the neighbor is having a fence installed and he wants the resident to come outside and confirm the property line. The scammer will walk with the resident, away from the house while the other scammer enters the home, searches for cash, jewelry and other small items of value then returns to a vehicle. The first scammer than leaves the property and they drive away.

If this has occurred to you and you haven't reported, please do so. If you know of someone that has been a victim, contact the Sheriff's office. In the event that someone has come to your door and you have turned them away, please report it. Any information you can provide can help your sheriff's office in locating these culprits. You can call the Crime Solvers line if you want to give information and want to remain anonymous. Any bit of information is helpful.

THE SPOTSYLVANIA COUNTY CRIME SOLVERS TIP LINE, 1-540-582-5822

New Projects

Soup 4 Seniors

The Roanoke Virginia AARP chapter has had great success with this project over the years. They collect cans of soup and a package or a sheaf of crackers and they are distributed to seniors that tend to be homebound. We have talked to the mental health group that runs the Senior Visitors program in Fredericksburg and they think it is a great idea. We would collect the soup and crackers at each meeting and get them to their organization for storage. Their volunteers would visit the office and get a bag containing 1-2 cans of soup and some crackers and take them to the senior they visit weekly. We would have bags with the AARP logo that they would use to hold the soup/crackers when they are picked up for delivery. The purpose of the project is to ensure the senior has a hot backup meal during the cold days of the winter. Let your board know how you feel about us participating in this worthwhile project at the next meeting.

Treasurer's Report

Joyce Cronk

Treasurer's Report for January 2015

Beginning Balance Dec 9, 2014		\$3557.62
Deposits		
12/29 Membership/mailing	30.00	
1/9/15 Membership/mailings	228.00	
Coffee donation	5.00	
50/50	20.00	
Rental key refund	2.00	
Total Deposits		+ \$285.00
Disbursements		
12/11 # 1655 Food Lion/Stamps		
treasurer expense	9.80	
1/6 #1656 M D'Ostilio – hospitality	8.14	
1/6 #1657 S Scheibe – newsletter	14.25	
1/9 #1658 S Scheibe – Brisban meal	128.19	
1/9 #1659 K Corley - Brisban meal	8.86	
1/9 #1660 K Corley – Treasurer expense	7.34	
Total Disbursements		- <u>\$176.58</u>
Balance Jan. 16, 2015		\$3666.04 *

*Balance reflects Brisben money \$114.79

Wish List for Micah Ministries

Mens and Ladies NEW underwear

White Socks (new only)

Disposable Razors

Deodorant

Large size toothpaste, shampoo and conditioner (motel size too)

First Aid kits

Bar soap

Jeans/pants/sweats (large and Medium sizes)

If you can provide any of these items then bring them bagged to our meetings and sign the donations sheets.